

Fitnah (Trials, tests, tribulations)

“Do people think that they will be left alone because they say: ‘We believe,’ and will not be tested. **(29:2)**

“and We shall make a trial of you with evil and with good.” **(21:35)**

Allah tests us, sometimes with calamities and sometimes with blessings, to show who will be thankful and who will be ungrateful, and who will obey and who will disobey, then He will reward or punish them on the Day of Resurrection:

“And know that your possessions and your children are but a trial and that surely, with Allah is your highest reward.” **(8:28)**

Wealth and children are a trial by means of which Allah tests His servants, to know who will give thanks for them, and who will be distracted from Allah by them.

It is part of the mercy of Allah that disasters befall sinners in this world, so that they might come back to Allah before they die and that their souls might be purified.

“When Allah intends good for His slave, He punishes him in this world, but when He intends an evil for His slave, He does not hasten (rush) to take him to task but calls him to account on the Day of Resurrection.”

Sometimes Allah tests His slaves with calamities in order to raise them in status and to expiate (make up) for their sins, as the Prophet (pbuh) said: “No misfortune or disease befalls a Muslim, no worry or grief or harm or distress – not even a thorn that pricks him – but Allah will expiate for some of his sins because of that.”)

“The magnitude of the reward goes along with the magnitude of the affliction.”

## Religion:

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So when harm touches a man he calls upon Us; then, when We give him a favor from Us, he says: This has been given to me because of a certain knowledge (I have). Nay, it is a trial, but most of them do not know. **(39:49)**

## Sickness

The Prophet (PBUH) said: "No Muslim is afflicted with harm because of sickness or some other inconvenience, but that Allah will remove his sins for him as a tree sheds its leaves".

A woman came to the Prophet (PBUH) and said, 'I suffer from epilepsy and during fits my body gets exposed, so make supplication to Allah for me to cure me.' He (PBUH) replied: 'If you wish you endure it patiently and you will be rewarded with Jannah, or if you wish, I shall make supplication to Allah to cure you?' She said, 'I shall endure it.' Then she added: 'But my body is exposed, so pray to Allah that it may not happen.' He (Prophet (PBUH)) then supplicated for her". SEEK TREATMENT

## Death of Beloved Ones

The Prophet (pbuh) said: Allah said: "I have no reward other than paradise for a believing slave of mine who remains patient for My sake when I take away his beloved one from among the inhabitants of the world."

## Loss of Wealth and Property

"And certainly, We shall test you with something of fear, hunger, loss of wealth, lives and fruits, but give glad tidings to As-Saabiroon (the patient). **(2:155)**

So Allah tests His slaves, and He loves those who are patient, and gives them the glad tidings.

## Suffering Wrong and Injustice

And We have made some of you as a trial for others: will you have patience?  
**(25:20)**

What should we do?

Make Do'oa:

There is no god but You: Glory to You: I have been of the wrong-doers."  
So We answered his call, and delivered him from the distress. And thus We  
do save the believers **(21:87-88)**

Be Patient:

And Allâh loves As-Sâbirun (the patient). **(3:146)**

Be positive, and convinced of the Eventual Success

Surely with difficulty is ease. With difficulty is surely ease. **(94:5-6)**  
Do your part.

Thank Allah:

"If you give thanks, I will give you more, but if you are thankless, My  
Punishment is indeed severe." **(14:7)**

Whatever Allah takes away or gives, belongs to Him, and everything has a  
fixed term (in this world)

The Messenger of Allah (PBUH) said, "How wonderful is the case of a  
believer; there is good for him in everything and this applies only to a  
believer. If prosperity attends him, he expresses gratitude to Allah and that is  
good for him; and if adversity befalls him, he endures it patiently and that is  
better for him".