

Trusting Allah- Tawakul

If you ask anybody, do you trust Allah (SWT)? They will immediately answer yes. But I would like you to listen to my talk and run that by heart and the end of my talk, answer that question again. Very common in our lives, we have all had our trust betrayed intentionally or unintentionally. People that you trust, parents, brothers or sisters, friends, spouse, they may die and let you down or simply betray your trust. Maybe that is why it is so hard for us to let go of ourselves and truly trust Allah (SWT).

We tend to trust what we can understand or what we know. There is a point when we have to submit, be Muslims. We have to obey without fighting it because we know that there is Justice, wisdom and Mercy in it, even though we cannot see it most of the time.

Trusting in Allah (SWT) means that when we hear a command, we obey it. We recognize that we are limited and that Allah (SWT) has no limits. He knows what we do not know. We do not try to explain away the commands of Allah (SWT) by saying that it is for another time or another people.

When salat (prayer) was ordered by Allah (SWT), the Companions did not question why do we have to get up and down, bend, do sujud? They just obeyed without any questions. On Monday a big research was published that says that the best exercise for the human body is 30 minutes a day of moderate exercise. If you add the time we spend in salat that is exactly the same amount of time. I have no doubt, in the future, science will prove that the perfect exercises for the human body are the movements that we do during salat. But the Companions did not wait for a study or research they obeyed immediately without any questions.

When the verse forbidding alcohol was revealed, the companions literally spat it out of their mouths. No arguing, no questioning. They trusted that Allah (SWT) Knows Best. We need to stop trusting our minds so much and trust Allah (SWT) more.

When we start to analyze a command, we find in it things we cannot explain or fully understand, so we stop doing it. When we give charity, our wealth diminishes, but Allah (SWT) promise that it will not and it will increase. But we have to believe that whatever Allah (SWT) said is the absolute truth and our logic is wrong. Sometime we do the thing which are forbidden to us,

because the opposite does not make sense to us. We lie because we believe it is the only thing that will save us and the truth will get us in trouble. But the Prophet (pbuh) said that the truth will save you. We have to trust Allah (SWT) and obey.

We cannot see everything in every issue as Allah can, so why do we insist on believing that our minds can be trusted more than Allah?

And in Allāh let the believers put their trust. **(14:11)**

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Put your trust in the Ever-Living who does not, die. **(25:58)**

“And put your trust in the Mighty, the Merciful..” **(26:217)**

Tawakul invites us to connect to a powerful Ally the Lord Himself. The more we rely on Him, the greater the chances that we will try to please Him by following the guidance He has given us, so we will be rewarded in this world and in the Hereafter.

When the non-believers were ready to throw Ibrahim (AS), Jibril (AS) came to him and asked him: “Do you need anything?” Ibrahim (AS) replied: “As from you no and as from Allah, he knows my condition”. Complete trust in Allah (SWT). “The last words of Ibrahim, (AS), before he was thrown into the fire were, ‘Allah is enough for me and the best Guardian.’”

Trust Allah (SWT), do everything you can, make do’oa and accept the results that Allah (SWT) decides.

A man came to the Prophet (saw) and said, “I will not tie my camel and trust in Allah” The Prophet (saw) said, ‘Tie it and trust in Allah.’

And if anyone puts his trust in Allah, sufficient is (Allah) for him. **(65:3)**

"And if Allah touches you with harm, none can remove it but He, and if He touches you with good, then He is Able to do all things" [6: 17] Do'oa

Ibn Abbas (RA) said: One day, I was riding behind the Prophet (PBUH) when he said, "O boy! I will instruct you in some matters. Be watchful of Allah (Commandments of Allah), He will preserve you. Safeguard His Rights, He will be ever with you. If you beg, beg of Him Alone; and if you need assistance, supplicate to Allah Alone for help. And remember that if all the people gather to benefit you, they will not be able to benefit you except that which Allah had pre-destined for you; and if all of them gather to do harm to you, they will not be able to afflict you with anything other than that which Allah had pre-destined against you. The pens had been lifted and the ink had dried up".

People humiliate themselves when they ask somebody for something. They should not. Whatever Allah (SWT) decided you will get whether you humiliate yourself or not. So always ask for thing with dignity. I do not mean be rude. We know that Allah has planned out our jobs and our income. Yet, we do things that are haram to achieve our objectives. Many Muslims indulge in the prohibited actions arguing that it is the only alternative; otherwise they would face disastrous consequences. We have to do haram because we live in the 21st century, things are different, people are different. That is not true Allah's (SWT) rules are for all times and all places and the reason is simple. We are doing haram because we are not trusting Allah.

We listen to shaytan, whispering to us. "There is no way someone will hire you with if they know you are Moslem." Or if you tell them I must go to prayer every Friday they will give the job to somebody else. Stealing. There is no trust that Allah will protect us, give us our risq (provision) or take care of us. We have to learn to truly trust Allah. Do'oa

The Messenger of Allah (pbuh) said, "If you were trust in Allah as He should be trusted in, He would provide for you as He provides for the birds. They go out in the morning hungry and return in the evening full."

It does not matter what you do, obey or disobey, the result will be that you will receive what Allah has decided for you. You can not add to it or

subtract from it. The issue is do you get it from Halal or Haram. Ali (RA) and his camel's reins story.

Also, we need to stop thinking that having done a halal thing and it did not work out that if we have done the haram instead the results would have been different. Nothing can keep Allah's Qadr (destiny) from us.

Long Hadith: ...seek help from Allah and do not lose heart (give up), and if anything (in the form of trouble) comes to you, don't say: If I had not done that, this would not have happened, but say: Allah has ordained/intended this and will do whatever He wishes, surely "if" opens the (gate for the Satan).

"Say: Nothing will happen to us except what Allah has decreed for us: He is our Protector: And on Allah let the believers put their trust." **(9:51)**

Also, we need to accept that not getting something was indeed best for us.

And it may be that you dislike a thing while it is good for you, and it may be that you love a thing while it is evil for you, and Allah knows, while you do not know. **(2:216)**

So the limit of human knowledge explains the limits of our control and our responsibility as well. People who do not believe that results of their actions are decided by Allah (SWT) may get depressed, lose their mind or commit suicide. That is why we do our best, make do'oa but then leave success and failure to the Creator.

Then when you have taken a decision, put your trust in Allâh, certainly, Allâh loves those who put their trust (in Him). **(3:159)**

Ya Allah, make us trust you and only you. Keep us from trusting or worshipping anything other than You. Ameen.